

BECOMING CERTIFIED: STAGE 1

Trauma Resiliency Model (TRM)[®]

CERTIFIED TRM PRACTITIONER

To become a certified TRM Practitioner participants must meet the following **5 prerequisites**:

PRE-CERTIFICATION PREREQUISITES

One: Attend all days and all hours of both TRM Level 1 and Level 2 Training provided by the Trauma Resource Institute.

- TRM Level 2 must be taken within 24 months of taking TRM Level 1 .

Two: Is licensed or working towards licensing as a mental health professional in a mental health discipline (OR is licensed or a registered medical practitioner) requiring either a Master's or Doctoral degree, with a regulating body (i.e., licensing board that provides accountability to protect the public), in which the practitioner holds an active standing membership.

Three: Has at least two years experience in the field of practice.

Four: Submit the TRM Practitioner Certification Application to notify the Trauma Resource Institute of intent to engage in the Practitioner certification process.

- Application is completed via google form link ([CLICK HERE](#)).
- Submit \$200 TRM Certification fee via [TRI website](#) (non-refundable; includes \$50 application fee & \$150 Online portal access fee).
- Must be submitted no later than 24 months from completion of TRM Level 2 training.

Five: Complete Pre-certification steps in TRI Online Learning Portal.

- Upload proof of professional license or proof of active standing.
- Upload current proof of liability insurance.
- Upload up-to-date Curriculum Vitae (CV)/Resume.
- Upload 2 letters of reference.
- Sign Ethics/Memorandum of Agreement document.



BECOMING CERTIFIED: STAGE 2

Trauma Resiliency Model (TRM)[®]

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After meeting the above listed prerequisites (Stage 1), participants need to complete the following **5 steps** within 18 months of submitting the TRM Practitioner Certification Application.

CONSULTATION & CONTINUED TRAINING

One: Identify a TRM Certified Consultant from the "TRI Approved Consultants and Mentors List".

- Sign the "TRM Mentor/Consultant Agreement" with mentor/consultant.

Two: Complete at least 23 hours of consultation: **18 hours** of group/dyad consultation AND **5 hours** of individual case consultation.

- Consultations must occur with a TRI Approved TRM Consultant.
- Consultations must include:
 - Skills practice as both client and practitioner (at least 5 times each role).
 - Presenting at least 20 case vignettes distributed among at least 10 clients.
- Nine (9) out of 18 hours may include the following learning modalities:
 - Written case vignettes submitted for review (4 cases/4 hours maximum).
 - Facilitate breakout groups at a TRM training (9 hours maximum).

Three: Document 5 experiences (minimum of **4 hours** total) practicing in the client role with a TRM Consultant, TRM Senior Trainer, or a Certified TRM Practitioner.

Four: Complete TRM Self-Assessment in the TRI Learning Portal no later than 60 days after consultations are completed.

Five: Complete Reading Requirements:

- Building Resilience to Trauma: The Trauma and Community Resiliency Model (2015) by Elaine Miller-Karas.
- One additional book from the approved TRM Reading List.



BECOMING CERTIFIED: STAGE 3

Trauma Resiliency Model (TRM)[®]

CERTIFIED TRM PRACTITIONER

After meeting the requirements for consultation and continued training (Stage 2), participants need to complete the following **2 steps** in order to finalize certification as a TRM Practitioner.

CERTIFICATION FINALIZATION

One: Complete a "Final Demonstration" demonstrating proficient use of the TRM Skills.

- Can be completed in person with a TRM Certified Consultant, via zoom, or recorded (must have client written permission for a recorded video to be shared).

Two: Upload "TRM Practitioner Tracking Form 2021" signed and completed to the TRI Learning Portal.

Important Points to Note:

- It is the individual's responsibility to monitor time deadlines.
- Pre-licensed individuals may begin the certification process while working towards licensure, but will not be granted TRM Practitioner Certification status until licensing is complete and TRI is provided proof of completion.
- Because international communities have different standards of practice, international participants interested in certification must arrange a personal meeting with TRI staff to work out an individual track.

